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Research Proposal

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Initially for the research project, I thought I would research the psychology of happiness. I thought it would be an interesting topic and help me be motivated to be happy. I asked my father what he thought and we started to talk about psychology in general and what interests me. After our very long talk I changed my mind with what I wanted to research. I thought that fear would be something interesting to research and how it impacts on peoples’ everyday life. With help from my father, I realised that fear would be a much more interesting research topic than happiness.

From the beginning I thought I would research something in the psychology field because I am interested in going into a career in psychology. I thought it would be a great opportunity to learn and expand my knowledge in the field of psychology. I also thought it would be a great opportunity to understand more about what psychology is and how certain incidents and thoughts affect a person.

For the second capability we had to choose, I chose work. I believe this capability is relevant to my research because I would like to pursue a career in Psychology. I think it will help me build confidence, and gain knowledge in the field of psychology as well as getting in contact with professionals in my chosen work force. It will also help me stay motivated throughout the duration of the research project because I am researching something that I am interested in and will help me in the future.

I will be conducting interviews with psychologists and hopefully other experts in fields related to my four guiding questions. I would also like to conduct a survey which focuses on the general population, to find more out about fear in people and how it impacts on their everyday life and also what they believe. I will also be searching the internet, books, newspapers and so on for relevant information that I can quote or reference in my research.

Before I conduct interviews, I will need to get in contact with the people I would like to interview and ask for their permission to take part in the interview. I will also have to make them aware of what the information will be used for and ask their permission to quote them. I will also tell them that I am aware of peoples’ privacy and I won’t be asking target questions I will be asking general questions.

Word Count: 425